



SERVICES:

CONSULTING AND RESEARCH

Services from Dr. Axel Gottlob

- Consulting **clinics, rehabilitation facilities, fitness centres and company-fitness facilities** concerning equipment, training concepts and programs with regards to optimal client success and high compliance
 - Advising **performance and competitive athletes** in regards to improving performance, injury prevention and rehabilitative training
 - Advising **Olympic bases, top performance centres and training camps**
 - Exclusive **Private-Coaching**
 - Consulting **equipment manufacturers** concerning biomechanical issues
 - Advising **companies** in regards to a client orientated, innovative management
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- **Research and development** of new exercise kinematics
 - **Optimising training equipment ergonomically and biomechanically**
 - Providing **professional analysis** and expertise in relation to training equipment, concepts and programs.
 - Putting **evolutionary-based anatomy and biomechanics** into differentiated training practice.
 - **Analysis and Improvements** of the **communication** between doctor and patient, trainer and athlete and of general client interactions.